



SOCRATES

#FRESH/LOCAL/QUALITY

SOCRATESRESTAURANT.COM

FAVOURITES

- SOCRATES' SIGNATURE BREAKFAST** 21
2 EGGS, 2 STRIPS BACON, 2 SAUSAGES, HASHBROWNS OR PANFRIES (GF)
WITH TOAST CHOOSE 2 PANCAKES OR 2 FRENCH TOAST OR 1 BELGIAN WAFFLE
- STEAK & 3 EGGS** 23
7 OZ TOP SIRLOIN, 3 EGGS
SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST
- THREE MEAT & THREE EGGS** 21
3 EGGS, BACON, HAM, SAUSAGE
SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST
- CHICKEN FRIED STEAK** 22
BUTTERMILK DIPPED CHICKEN TOPPED WITH WHITE GRAVY
SERVED WITH 2 EGGS, HASHBROWNS OR PANFRIES (GF) AND TOAST
- POTATO PANCAKES** 19
2 HOMEMADE POTATO PANCAKES, 2 EGGS, 2 STRIPS OF BACON,
2 SAUSAGES. SERVED WITH SOUR CREAM OR APPLESAUCE

CLASSICS

- BACON & EGGS** 16
- SAUSAGE & EGGS** 16
- HAM & EGGS** 16
- TURKEY BACON & EGGS** 16
- PLANT-BASED SAUSAGE & EGGS** 17

ALL THE CLASSICS ARE SERVED WITH TOAST & HASHBROWNS OR PANFRIES (GF) TRADE YOUR TOAST & HASHBROWNS FOR BUTTERMILK PANCAKES OR CINNAMON & ICING SUGAR FRENCH TOAST

- UPGRADE TOPPINGS TO PANCAKES OR FRENCH TOAST (ADD) 4
- UPGRADE TO HASHBROWN POUTINE (ADD) 4

SPECIALTIES

- BREAKFAST STACK** 16
TURKEY SAUSAGE ROUND, FRIED EGG, SPINACH, AVOCADO, SLICED TOMATO
SERVED ON AN EVERYTHING BAGEL WITH FRESH SEASONAL FRUIT
- HEALTHY CHOICE** 15
TWO EGGS ANY STYLE, FRESH SEASONAL FRUIT, FRESH BAKED DAILY MUFFIN
- TOASTED BLTCE** 17
SERVED WITH HASHBROWNS OR PANFRIES (GF)
- SOUTHWESTERN BREAKFAST BOWL** 22
SAUSAGES, CHEDDAR, MOZZARELLA, SCRAMBLED EGGS, HASHBROWNS,
BLACK BEANS, CORN, AVOCADO, TOMATOES, MIXED PEPPERS, RED ONIONS,
JALAPEÑOS, SALSA & SOUR CREAM
- BENNY BREAKFAST BOWL** 22
BACON, SAUSAGE, HAM, CHEDDAR, SCRAMBLED EGGS, HASHBROWNS,
HOLLANDAISE SAUCE
- PLANT BASED SAUSAGE BENNY BOWL** 22
PLANT BASED SAUSAGE, SCRAMBLED EGGS, HASHBROWNS HOLLANDAISE
SAUCE, CHEDDAR, SPINACH, RED ONIONS, MIXED PEPPERS, MUSHROOM

OMELETTES

- LOADED OMELETTE** 20
HAM, BACON, SAUSAGE, CHEDDAR, MUSHROOMS, TOMATOES, ONIONS,
MIXED PEPPERS
- MEAT LOVERS OMELETTE** 20
HAM, BACON, SAUSAGE, CHEDDAR
- SIGNATURE OMELETTE** 20
BACON, CHEDDAR, SPINACH, MUSHROOMS, TOMATOES, GREEN ONIONS
- ULTIMATE STEAK** 22
SIRLOIN STRIPS, CHEDDAR, MUSHROOMS, MIXED PEPPERS, ONIONS
TOPPED WITH AVOCADO SLICES AND DRIZZLED WITH CHIPOTLE SAUCE
- TEX MEX** 20
SEASONED GROUND BEEF, CHEDDAR, MIXED PEPPERS, ONIONS, TOMATOES,
JALAPEÑOS, DRIZZLED WITH QUESO. SERVED WITH SALSA & SOUR CREAM

ALL THE ABOVE OMELETTES ARE SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST. TRADE YOUR HASHBROWNS AND TOAST FOR BUTTERMILK PANCAKES OR CINNAMON AND ICING SUGAR FRENCH TOAST

- UPGRADE TO HASHBROWN POUTINE (ADD) 5
- UPGRADE TOPPINGS TO PANCAKES OR FRENCH TOAST (ADD) 5

EGGS BENEDICT

- SIGNATURE BENNY** 22
BACON, SPINACH, AVOCADO, DICED TOMATOES
- STEAK BENNY** 23
7OZ SIRLOIN, SAUTÉED MUSHROOMS, ONIONS, PEPPERS
- SMOKED SALMON BENNY** 22
WILD SMOKED SALMON, SPINACH, TOMATOES
- TURKEY SAUSAGE BENNY** 22
TURKEY SAUSAGE ROUNDS, AVOCADO, SPINACH, CHEDDAR, RED ONIONS
AND TOMATOES
- TRADITIONAL BENNY**
 - TRIPLE ORDER (3) 24
 - FULL ORDER (2) 19
 - HALF ORDER (1) 14
- B.C.O. BENNY**
 - TRIPLE ORDER (3) 24
 - FULL ORDER (2) 19
 - HALF ORDER (1) 14

ALL THE ABOVE BENNIES ARE SERVED WITH HASHBROWNS OR PANFRIES (GF)
UPGRADE TO HASHBROWN POUTINE (ADD) 4

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PANCAKES

BUTTERMILK PANCAKES (3 CAKES)	14
(2 CAKES)	11
STRAWBERRY, BLUEBERRY & WHIPPED CREAM (3 CAKES)	19
NUTELLA STRAWBERRY & BANANA (3 CAKES)	19
CHOCOLATE CHIP & BANANA (3 CAKES)	19
POTATO PANCAKES (2 CAKES)	13
MAKE ANY OF THE ABOVE PANCAKES GLUTEN FREE (ADD)	4

FRENCH TOAST

CINNAMON & ICING SUGAR FRENCH TOAST (3 SLICES)	14
(2 SLICES)	11
MAPLE BACON PECAN FRENCH TOAST (3 SLICES)	19
S'MORES FRENCH TOAST (3 SLICES)	19
STRAWBERRY & BLUEBERRY CHEESECAKE FRENCH TOAST (3 SL.)	19

BELGIAN WAFFLE

PLAIN WAFFLE	13
STRAWBERRY, BLUEBERRY & WHIPPED CREAM WAFFLE	18
MIXED BERRY FLAMBÉ & VANILLA ICE CREAM WAFFLE	20
RASPBERRIES, BLUEBERRIES, STRAWBERRIES, BLACKBERRIES	
CHICKEN & WAFFLES	21
FRIED SRIRACHA HONEY GLAZED CHICKEN, 2 EGGS ANY STYLE SERVED ON A BELGIAN WAFFLE	

SENIORS

SENIOR'S HAM & CHEESE OMELETTE	15
SENIOR'S BACON & CHEESE OMELETTE	15
SENIOR'S VEGGIE & CHEESE OMELETTE	15
ALL SENIOR'S OMELETTES SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST	
SENIOR'S BREAK	14
2 EGGS, 2 BACON, 2 SAUSAGES, HASHBROWNS OR PANFRIES (GF) AND TOAST	
SENIOR'S SWEET BREAK	14
2 BUTTERMILK PANCAKES TOPPED WITH STRAWBERRIES & WHIPPED CREAM. SERVED WITH 2 STRIPS OF BACON OR 2 SAUSAGES	

ALLERGY NOTICE

PLEASE TAKE NOTICE: OUR MENU ITEMS MAY CONTAIN OR COME INTO CONTACT WITH WHEAT, EGGS, PEANUTS, TREE NUTS, AND MILK. PLEASE BE AWARE THAT WE USE COMMON FRYER OIL. DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ITEM CAN BE COMPLETELY FREE OF ALLERGENS.

SIDE ORDERS

SIDE OF HOLLANDAISE SAUCE	2
SIDE OF BACON, SAUSAGE OR TURKEY BACON (5 PIECES)	7
SIDE OF PLANT BASED SAUSAGES (5 PIECES)	8
SIDE OF TURKEY SAUSAGE ROUNDS (4 PIECES)	8
HAM (1) SLICE	6
SIDE OF HASHBROWNS OR PANFRIES (GF)	6
SIDE OF TOAST	4
(WHITE, BROWN, SOURDOUGH, MULTIGRAIN OR RYE)	
SIDE OF GLUTEN FREE TOAST	5
ADD EXTRA EGG	3
FRESH SEASONAL FRUIT CUP	5
OATMEAL	7
TOPPED WITH SLICED APPLES CINNAMON & ALMONDS	
FRESH BAKED DAILY MUFFIN	4

BEVERAGES

COFFEE OR SPECIALTY TEAS	3
LARGE JUICE APPLE, ORANGE, PINK GRAPEFRUIT, TOMATO, CLAMATO	4
BOTTLED WATER	2
SAN PELLEGRINO TANGERINE & WILD STRAWBERRY, BLACK CHERRY	4
HOT CHOCOLATE	4
CANNED SODA COKE, DIET COKE, SPRITE, ICED TEA, GINGER ALE, ROOT BEER, ORANGE CRUSH	2
LARGE MILK (WHITE & CHOCOLATE)	4
MILKSHAKE VANILLA, CHOCOLATE, STRAWBERRY, BUBBLE GUM CANDY FLOSS, MINI CHOCOLATE CHIP COOKIE	7

ALCOHOLIC BEVERAGES

PLEASE ASK YOUR SERVER FOR SELECTIONS, AS THEY MAY VARY	
BOTTLED BEER	7
CHARDONNAY OR CABERNET SAUVIGNON	
6 OZ GLASS	9
9 OZ GLASS	12
MIMOSA 9 OZ GLASS	9
CAESAR 1 OZ VODKA	8
BAILEYS & COFFEE 1 OZ	8

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