



SOCRATES

#FRESH/LOCAL/QUALITY

SOCRATESRESTAURANT.COM   

FAVOURITES

SOCRATES' SIGNATURE BREAKFAST	20
2 EGGS, 2 STRIPS BACON, 2 SAUSAGES, HASHBROWNS OR PANFRIES (GF) WITH TOAST CHOOSE 2 PANCAKES OR 2 FRENCH TOAST OR 1 BELGIAN WAFFLE	
STEAK & 3 EGGS	22
7 OZ TOP SIRLOIN, 3 EGGS SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST	
THREE MEAT & THREE EGGS	20
3 EGGS, BACON, HAM, SAUSAGE SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST	
CHICKEN FRIED STEAK	20
BUTTERMILK DIPPED AND FRIED TOPPED WITH WHITE GRAVY SERVED WITH 2 EGGS, HASHBROWNS OR PANFRIES (GF) AND TOAST	
POTATO PANCAKES	18
2 HOMEMADE POTATO PANCAKES, 2 EGGS, 2 STRIPS OF BACON, 2 SAUSAGES. SERVED WITH SOUR CREAM OR APPLESAUCE	

CLASSICS

BACON & EGGS	13
SAUSAGE & EGGS	13
HAM & EGGS	13
TURKEY BACON & EGGS	13

ALL THE CLASSICS ARE SERVED WITH TOAST & HASHBROWNS OR PANFRIES (GF) TRADE YOUR TOAST & HASHBROWNS FOR BUTTERMILK PANCAKES OR CINNAMON & ICING SUGAR FRENCH TOAST

UPGRADE TOPPINGS TO PANCAKES OR FRENCH TOAST (ADD)	4
UPGRADE TO HASHBROWN POUTINE (ADD)	3

SPECIALTIES

BREAKFAST STACK	14
TURKEY SAUSAGE ROUND, FRIED EGG, SPINACH, AVOCADO, SLICED TOMATO SERVED ON AN EVERYTHING BAGEL WITH FRESH SEASONAL FRUIT	
HEALTHY CHOICE	13
TWO EGGS ANY STYLE, FRESH SEASONAL FRUIT, FRESH BAKED DAILY MUFFIN	
WESTERN PANINI	16
DICED HAM, PEPPERS, ONIONS, CHEDDAR SERVED WITH HASHBROWNS OR PANFRIES (GF)	
BLTCE PANINI	16
SERVED WITH HASHBROWNS OR PANFRIES (GF)	
SOUTHWESTERN BREAKFAST BOWL	20
SAUSAGES, CHEDDAR, MOZZARELLA, SCRAMBLED EGGS, HASHBROWNS, BLACK BEANS, CORN, AVOCADO, TOMATOES, MIXED PEPPERS, RED ONIONS, JALAPEÑOS, CILANTRO, SALSA & SOUR CREAM	
BENNY BREAKFAST BOWL	20
BACON, SAUSAGE, HAM, CHEDDAR, SCRAMBLED EGGS, HASHBROWNS, HOLLANDAISE SAUCE	

OMELETTES

LOADED OMELETTE	18
HAM, BACON, SAUSAGE, CHEDDAR, MUSHROOMS, TOMATOES, ONIONS, MIXED PEPPERS	
MEAT LOVERS OMELETTE	18
HAM, BACON, SAUSAGE, CHEDDAR	
SIGNATURE OMELETTE	18
BACON, CHEDDAR, SPINACH, MUSHROOMS, TOMATOES, GREEN ONIONS	
ULTIMATE STEAK	20
SIRLOIN STRIPS, CHEDDAR, MUSHROOMS, MIXED PEPPERS, ONIONS TOPPED WITH AVOCADO SLICES AND DRIZZLED WITH CHIPOTLE SAUCE	
TEX MEX	18
SEASONED GROUND BEEF, CHEDDAR, MIXED PEPPERS, ONIONS, TOMATOES, JALAPEÑOS, DRIZZLED WITH QUESO. SERVED WITH SALSA & SOUR CREAM	
PHILLY CHICKEN	20
MARINATED CHICKEN BREAST STRIPS, SWISS CHEESE, MUSHROOMS, MIXED PEPPERS, ONIONS	

ALL THE ABOVE OMELETTES ARE SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST. TRADE YOUR HASHBROWNS AND TOAST FOR BUTTERMILK PANCAKES OR CINNAMON AND ICING SUGAR FRENCH TOAST

UPGRADE TO HASHBROWN POUTINE (ADD)	3
UPGRADE TOPPINGS TO PANCAKES OR FRENCH TOAST (ADD)	4

BENNIES

SIGNATURE BENNY	20
BACON, SPINACH, AVOCADO, DICED TOMATOES	
STEAK BENNY	20
SIRLOIN STRIPS, SAUTÉED MUSHROOMS, ONIONS, PEPPERS	
SMOKED SALMON BENNY	20
WILD SMOKED SALMON, SPINACH, TOMATOES	
TURKEY SAUSAGE BENNY	20
TURKEY SAUSAGE ROUNDS, AVOCADO, SPINACH, CHEDDAR, RED ONIONS AND TOMATOES	
TRADITIONAL BENNY	
FULL ORDER	17
HALF ORDER	13
B.C.O. BENNY	
BACON, CHEDDAR, GREEN ONIONS	
FULL ORDER	18
HALF ORDER	14

ALL THE ABOVE BENNIES ARE SERVED WITH HASHBROWNS OR PANFRIES (GF)

UPGRADE TO HASHBROWN POUTINE (ADD)	3
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PANCAKES

BUTTERMILK PANCAKES (3 CAKES)	13
(2 CAKES)	9
STRAWBERRY & BLUEBERRIES (3 CAKES)	17
NUTELLA STRAWBERRY & BANANA (3 CAKES)	17
CHOCOLATE CHIP & BANANA (3 CAKES)	17
MAKE ANY OF THE ABOVE PANCAKES GLUTEN FREE (ADD)	4

FRENCH TOAST

CINNAMON & ICING SUGAR FRENCH TOAST (3 SLICES)	13
(2 SLICES)	9
MAPLE BACON PECAN FRENCH TOAST (3 SLICES)	17
S'MORES FRENCH TOAST (3 SLICES)	17
BLUEBERRY CHEESECAKE FRENCH TOAST (3 SLICES)	17

BELGIAN WAFFLE

PLAIN WAFFLE	13
STRAWBERRY & BLUEBERRY WAFFLE	17
APPLES & CINNAMON WAFFLE	17
BLACK FOREST WAFFLE	17

SENIORS

SENIOR'S HAM & CHEESE OMELETTE	13
SENIOR'S BACON & CHEESE OMELETTE	13
SENIOR'S VEGGIE & CHEESE OMELETTE	13
ALL SENIOR'S OMELETTES SERVED WITH HASHBROWNS OR PANFRIES (GF) AND TOAST	
SENIOR'S BREAK	12
2 EGGS, 1 STRIP OF BACON, 1 SAUSAGE, HASHBROWNS OR PANFRIES (GF) AND TOAST	
SENIOR'S SWEET BREAK	12
2 BUTTERMILK PANCAKES TOPPED WITH STRAWBERRIES & WHIPPED CREAM. SERVED WITH 2 STRIPS OF BACON OR 2 SAUSAGES	

ALLERGY NOTICE

PLEASE TAKE NOTICE: OUR MENU ITEMS MAY CONTAIN OR COME INTO CONTACT WITH WHEAT, EGGS, PEANUTS, TREE NUTS, AND MILK. PLEASE BE AWARE THAT WE USE COMMON FRYER OIL. DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ITEM CAN BE COMPLETELY FREE OF ALLERGENS.

SIDE ORDERS

SIDE OF HOLLANDAISE SAUCE	2
BACON, SAUSAGE OR TURKEY BACON FIVE PIECES	6
HAM (1) SLICE	5
SIDE OF HASHBROWNS OR PANFRIES (GF)	5
SIDE OF TOAST (WHITE, BROWN, SOURDOUGH, MULTIGRAIN OR RYE)	4
SIDE OF GLUTEN FREE TOAST	5
HOMEMADE CUSTARD	4
ADD EXTRA EGG	3
FRESH SEASONAL FRUIT CUP	4
OATMEAL SERVED WITH APPLE SLICES, CINNAMON AND ALMONDS	7
FRESH BAKED DAILY MUFFIN	4

BEVERAGES

COFFEE OR SPECIALTY TEAS	3
LARGE JUICE APPLE, ORANGE, PINK GRAPEFRUIT, TOMATO, CLAMATO	4
BOTTLED WATER	2
SAN PELLEGRINO TANGERINE & WILD STRAWBERRY, BLACK CHERRY	3
HOT CHOCOLATE	4
CANNED SODA COKE, DIET COKE, SPRITE, ICED TEA, GINGER ALE, ROOT BEER, ORANGE CRUSH	2
LARGE MILK (WHITE & CHOCOLATE)	4
MILKSHAKE VANILLA, CHOCOLATE, STRAWBERRY, BUBBLE GUM CANDY FLOSS, MINI CHOCOLATE CHIP COOKIE	6

ALCOHOLIC BEVERAGES

PLEASE ASK YOUR SERVER FOR SELECTIONS, AS THEY MAY VARY	
BOTTLED BEER	7
CHARDONNAY OR CABERNET SAUVIGNON	
6 OZ GLASS	9
9 OZ GLASS	12
MIMOSA 9 OZ GLASS	9
CAESAR 1 OZ VODKA	8
BAILEYS & COFFEE 1 OZ	7

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